

# Christ Church and St Mark's

Parish Information Sheet for October and November 2019

## Kwa Mkono Quiz



Saturday 19th October 2019, 7.30pm start at Christ Church.  
£9 per person (tables of 8) "ploughman's" supper with tea or coffee in the interval.  
Bring your own drinks and snacks. Raffle and sale table.  
Please book a place or table at [kwamkono@gmail.com](mailto:kwamkono@gmail.com) or by phone 01494 258648  
Read about the Kwa Mkono Disabled Children's Trust on the next page.

## Coffee, Tea and Cakes (including Book Swap)



Our coffee mornings are normally at Christ Church from 10am to 12 noon on the first Saturday of every month.

Also: Bring a book and swap it with another for free; Buy a book for 50p.

The next Coffee, Tea and Cakes will be on  
**Saturday 5th October**  
**Saturday 2nd November**  
**All Welcome.**

## Gather Round ... Ladies

Is an all-age women's group meeting monthly, normally on a Tuesday at Christ Church. It is open to all who want to get to know one another better and to explore issues of mutual interest. Refreshments are provided and a small contribution towards the cost of visiting speakers is welcome (but not compulsory).



## Tuesday Circle

At St Mark's is a monthly afternoon meeting of a social kind. Anyone who enjoys instructive talks, quizzes, crafts, competitions, the occasional outing, and refreshments is welcome.

## Men's Breakfast

Meets monthly at 7am on a Saturday morning. Open to men who enjoy a fry up while sharing one another's interests and putting the world to rights

## MEMORIAL SERVICE 2019

Our annual Memorial Service will take place in Christ Church on  
**Sunday 3rd November at 3pm.**

In the service we remember with thanksgiving those we have known and loved who have died.  
Everybody will be warmly welcome to join in this service.

If you would like to have the names read out of someone who has died, whether or not you can come, please complete this form **by the 20th October** and:  
return via e-mail to [ccwatford@btinternet.com](mailto:ccwatford@btinternet.com)  
or post to: Lynne Mallows, Parish Office, St Mark's Church, Leggatts Way, Watford, WD24 5NQ.  
Alternatively hand this slip into Christ Church or St Mark's at the Sunday Services.

-----  
Please read out the following names at the Memorial Service  
(please write in BLOCK CAPITALS)

- |         |         |         |
|---------|---------|---------|
| 1 ..... | 2 ..... | 3 ..... |
| 4 ..... | 5 ..... | 6 ..... |



## KwaMkono Disabled Children's Trust are celebrating 50 YEARS HELPING DISABLED CHILDREN



It was in 1969 that Sister Magdalena CSP realised that the number of children disabled by polio in the Kwa Mkono area needed a hostel so that sisters could continue the work they had been doing rehabilitating the children and educating them in the bedded dispensary. Sister Magdalena took over the nurses' accommodation that had just become vacant (a new nurses home having just opened). She applied to the district government for permission to open a children's home and applied for funding from the UK and started the building of the Polio Hostel.

The sisters admitted children with a physical disability who could be helped by having an orthopaedic operation, physiotherapy to improve their mobility and education or training in a trade to enable them to live independently when they leave. Hundreds of children have passed through the hostel in the 50 years and there are dozens of children who went on to college and have become teachers, accountants and bookkeepers working around the country. Those who were not academic have been trained at the hostel and are now working as carpenters, tailors and shoe makers. Since the early 2000's the polio vaccine had reduced the number of children becoming disabled from polio, so the hostel widened the range of disabilities it could help, changing its name to the Kwa Mkono Disabled Children's Centre



In July the trust celebrated 10 years since it was registered as a charity. In that time it has improved the diet of the children, ensured the staff are paid regularly and updated the buildings by putting new roofs on the dormitories and painting them inside and out.

The trust has also raised money or found sponsors to improve the facilities at the centre. There is a new kitchen with fuel efficient stoves and the size of the hall has been doubled so all the children can eat together. Solar lighting has been installed in the dormitories and a capped bore hole opened and a bowser purchased so the centre and hospital have a guaranteed water supply.

Two trustees have just returned from the Centre. As usual there is good news and not so good. The vegetable gardens in the Centre grounds are being increased, there is a volunteer who has agreed to teach the children how to manage and look after vegetables: his name is Edward. The children are very interested in helping him and we have made sure that there are plenty of seeds and tools for the children.

The shamba (farm) is not doing very well: the rains are not coming as they should and therefore cause drought conditions, the maize, peas and beans have not produced much harvest but the cassava is alright and can be used for food for children and it is hoped that the quality is good enough to be sold to the biscuit factory, bringing in much needed funds.

To read the full report of all the improvements that have been made, visit [www.kwamkono.org.uk](http://www.kwamkono.org.uk).

We are very close to reaching our target for purchasing a Land Cruiser. The Diocese has raised about £3,000 which is nearly £10,000 short of their target, with sponsors helping we have raised our target plus a little extra so we are trying to raise more funds. The good news is that the District Commissioner has agreed for the exemption of Import and tax duties saving us \$11,000.

We will be selling calendars for £8.00 each +£2.00 p&p which give pictures from the Centre and a small explanation. These are available from 20th October.

We are still pleased to say all donations are used to benefit the children as we are all volunteers and we also pay our own costs for visiting the Centre.

The children and staff thank all those who support the centre through Kwa Mkono Disabled Children's Trust.

### Contact Details:

Kwa Mkono Disabled Children's Trust  
36 Beel Close  
Amersham  
HP7 9NS  
EMAIL [Kwamkono@gmail.com](mailto:Kwamkono@gmail.com)



**We regret to inform you that Sue Pankhurst died suddenly on Tuesday Sept 10th.**

Sue was a brilliant colleague who wore her considerable learning and experience lightly, whether that was from her work as a physiotherapist or as a Church of England Reader. There was a lot there but she simply didn't show it off. It was only if you were able to work with her that you discovered the depth of her knowledge and experience, as well as her skills with people whether one to one, or in leading worship.

Sue was a good leader but one able to lead by encouragement and with humility as well. It wasn't about her but about God and the people she was serving. She worked hard too, whether in preparation or delivery.



1951 - 2019

Sue's busy life included a strong commitment to the Talking Newspaper for the Blind - helping to record many editions over the years, using her skills in physiotherapy and in listening to people at the Peace Hospice, acting as chaplain at the Ambulance station, and supporting the work of Churches Together in North Watford and Garston for whom she was to have been moderator from later this year. Sue was also a busy mother and latterly grandmother.

Sue's most public role was as a member of our team of Readers at Christ Church and St Mark's, often leading worship or preaching. Sue put a lot of time into preparing sermons and her effort showed at its best in what was to be her last but perhaps best sermon on Children and Church.

Sue also ministered to the residents of Courtlands Lodge by taking communion to them every month. What wasn't so public nor so easy to quantify was the precious time Sue spent listening to people and being alongside them during tough times.

Sue took a key role in launching Messy Church as a new initiative here. Sue was an important member of our planning team as well as taking her turn to lead and deliver Messy Church sessions. She was also heavily involved with our children & families outreach project (Lift Off) from its beginnings seven years ago. Not content just to sit on a committee, Sue willingly joined the other volunteers who operate our children's clubs. She was already well involved, but to help cover maternity leave Sue simply got stuck in and did extra sessions wherever someone was needed.

Sue's calling as a Reader had led her to becoming Deanery Readers Advisor about two years ago. This meant supporting other Readers, interviewing people thinking about Reader ministry, raising the profile of Reader ministry and Sue had planned to go to every church in Watford deanery to preach about Reader ministry over the next 12 months.

Just two days before she died Sue preached a brilliant sermon on Children and Church, twice of course, at St Mark's and at Christ Church. It was well prepared, clear and enthusiastic. This was Sue, ministering right to the end and that is how some of us at least will remember her. We will miss Sue but we will not let our sadness stop us continuing the work which was so close to her heart.

-----

Sue's funeral services were packed: both at the crematorium and at Christ Church. This showed the respect and affection in which Sue was held by so many. As one person said: "I was due to be away on the day of her funeral, but I cancelled it. There are only a handful of people for whom I would do that, and most of those are family." That says it all.



-----

#### HARVEST FESTIVAL

Our Harvest Festival service was held at Christ Church on 29th September.

Donations of food were brought: tins and packets for the Food Bank and fresh food for the New Hope Trust.

Cash donations of nearly £300 were collected for Christian Aid. After the service, we enjoyed a "Bring and Share" lunch.

**DATES IN OCTOBER 2019**

1st Tue 9.30-11.00am	<i>Messy Tots at St Mark's Church</i>
2nd Wed 10.00am	<i>Holy Communion (Book of Common Prayer) at Christ Church</i>
3rd Thur 11.00am	<i>Morning worship at Courtland Lodge</i>
4th Fri 4.30-6.00pm	<i>Ignite Club at St Mark's Church</i>
5th Sat 9.30-11.00am	<i>Messy Breakfast at St Mark's Church</i>
5th Sat 10.00am-12.00noon	<i>Coffee, Tea &amp; Cakes in Christ Church - Including Book Swap</i>
6th Sun 8.00am	<i>Holy Communion at Christ Church</i>
6th Sun 9.30am	<i>Service of the Word and Communion at St Mark's</i>
6th Sun 10.30am	<i>Fairtrade Stall after the service at St Mark's</i>
6th Sun 11.00am	<i>Service of the Word and Baptism at Christ Church</i>
7th Mon 3.45-4.45pm	<i>Explorers at St Mark's Church</i>
8th Tue 9.30-11.00am	<i>Messy Tots at St Mark's Church</i>
8th Tue 7.45 for 8.00pm	<i>Gather Round ...Ladies in Christ Church hall</i>
9th Wed 10.00am	<i>Holy Communion (Book of Common Prayer) at Christ Church</i>
10th Thur 7.45 for 8.00pm	<i>Deanery Synod at All Saints' Leavesden</i>
11th Fri 4.30-6.00pm	<i>Ignite Club at St Mark's Church</i>
13th Sun 9.30am	<i>Morning Prayer at St Mark's</i>
13th Sun 11.00am	<i>Parish Communion and Sunday School at Christ Church</i>
14th Mon 3.45-4.45pm	<i>Explorers at St Mark's Church</i>
15th Tue 9.30-11.00am	<i>Messy Tots at St Mark's Church</i>
15th Tue 2.30pm	<i>Tuesday Circle at St Mark's: The Watford Workhouse (talk)</i>
16th Wed 10.00am	<i>Holy Communion (Book of Common Prayer) at Christ Church</i>
18th Fri 4.30-6.00pm	<i>Ignite Club at St Mark's Church</i>
19th Sat 10.00am-2.00pm	<i>Garden open at Christ Church Vicarage</i>
19th Sat 7.30pm start	<i>Kwa Mkono Quiz at Christ Church. £9 a head (tables of 8) with "ploughman's" supper with tea and coffee. (See front page.)</i>
20th Sun 8.00am	<i>Holy Communion at Christ Church, followed by breakfast</i>
20th Sun 9.30am	<i>Parish Communion at St Mark's</i>
20th Sun 11.00am	<i>Morning Prayer at Christ Church</i>
20th Sun 12.00noon	<i>Fairtrade Stall after the service at Christ Church</i>
20th Sun 4.00-6.00pm	<i>Messy Church at Christ Church</i>
21st Mon 3.45-4.45pm	<i>Explorers at St Mark's Church</i>
22nd Tue 9.30-11.00am	<i>Messy Tots at St Mark's Church</i>
21st Tue 7.30pm	<i>PCC meeting at Christ Church</i>
23rd Wed 10.00am	<i>Holy Communion (Book of Common Prayer) at Christ Church</i>
25th Fri 4.30-6.00pm	<i>Ignite Club at St Mark's Church</i>
26th Sat 7.30am	<i>Men's Breakfast at St Mark's</i>
26th Sat 9.30-11.00am	<i>Messy Breakfast at St Mark's Church</i>
26th Sat 6.30pm	<i>Confirmation Service at St Albans Abbey</i>
27th Sun 9.30am	<i>Morning Prayer with Bible Study at St Mark's</i>
27th Sun 11.00am	<i>Parish Communion and Sunday School at Christ Church</i>
28th Mon 9.30am-2.30pm	<i>Holiday Club at St Andrew's Church</i>
29th Tue 9.30am-2.30pm	<i>Holiday Club at St Andrew's Church</i>
30th Wed 10.00am	<i>Holy Communion (Book of Common Prayer) at Christ Church</i>
31st Thur (time TBA)	<i>Light Party (alternative to Halloween) at St Mark's</i>

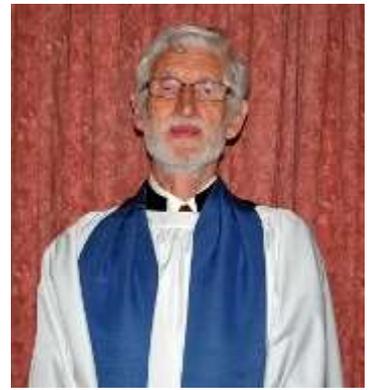
## In July, Keith Cheyney retired and became a Reader Emeritus.

St Mark's church held an afternoon tea to say "thank you" to him for all his ministry here in Watford as our longest serving Reader.

Readers are lay ministers of the Church. They share with our clergy in leading worship, preaching and teaching in our churches and elsewhere, and in caring for our church members and people who live in our parish. They can also officiate at funeral services.

Keith has served as Reader at Christ Church and St Mark's for 54 years. In the early years, his work was mainly at St Mark's, but ever since a change of incumbent in the 1970s, he has ministered at both churches and elsewhere in the Parish.

To show our thanks, a collection of £130 (plus an additional amount sent directly) was made for 'Love Russia', a charity that Keith has actively supported for many years.



---

## A VERY BIG THANK YOU FROM WATFORD FOODBANK for your generosity, and a reminder to keep it up.

The number of people needing the help of the Foodbank in Watford is sadly still high and rising, as in the rest of the country.

Therefore please remember to continue buying just one item or more, if you feel you can, each time you shop to donate into the collection boxes at our churches weekly.

### Items needed are:-

- Tinned Meat & Fish
- Long Life Milk
- Long Life Fruit Juice
- Sugar - Small packets
- Tea Bags - Small packets
- Coffee - Small jars
- Individual Sponge Puddings
- Tinned Rice Pudding & Tinned Custard
- Tinned Fruit
- Jam/Peanut Butter
- Breakfast Cereals - Small boxes
- Rice - small or individual packets
- Instant Mash Potato
- Tinned vegetables
- Tinned Tomatoes
- Tins of Soup
- Biscuits
- Snacks & Crisps
- Pasta Sauces

**THANK YOU.**



## Russian Choir Concert at Christ Church

The Resurrection choir from St Petersburg will be performing both sacred and folk music.

This one night only performance will be on Friday 29th November 2019 at 7.45pm: (Doors open 7.15pm)  
Light refreshments available Limited parking

Tickets £14.00; Concessions £12.00

The Voskresenije Choir, who are all internationally trained at the world class St Petersburg Conservatoire and conducted by musical director by Jurij Maruk, sing a concert programme in two parts: the first half concentrating on Russian sacred and the second a series of Russian folk songs, which allow in particular each of the performers to provide a solo.

A previous visit by some choir members

The choir consists of seven to ten professional female and male vocalists. They sing A-Capella.



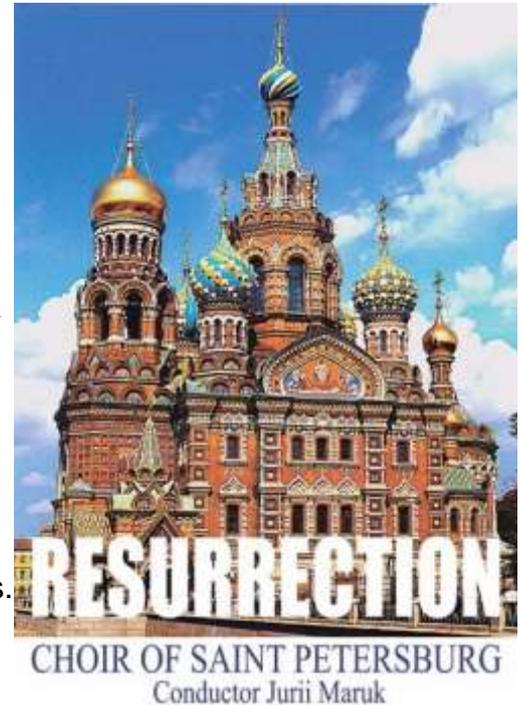
Guest performances in Germany, Switzerland, Norway, Austria, the UK, France and Italy, as well as YouTube and the BBC, have met with great success, and the choir has recorded several CDs of their repertoire, which includes some especially composed arrangements of Burns songs by John McIntosh.

Website <http://voskresenije.blogspot.com>

We have been asked to provide accommodation for 9 people for one night after the concert and provide breakfast and transport to their next appointment at the airport for their flight home.

Can anyone help with either accommodation or transport?

Contact Paul Pratchett [paulpratchett@hotmail.com](mailto:paulpratchett@hotmail.com)



### Concert program

#### Part One- Sacred Music

- |                                      |                            |
|--------------------------------------|----------------------------|
| 1 In Thy Kingdom Remember Us, O Lord | S.Rachmaninov (1873-1943)  |
| 2 Prayer of the Blind                | G.Sviridov (1951-1998)     |
| 3 Sacred Love                        | G.Sviridov                 |
| 4 Lord, Save Thy People              | A.Archangelsky (1846-1924) |
| 5 Blessed is the Man                 | A.Archangelsky             |
| 6 Open to Me the Gates of Repentance | A.Vedel (1767-1808)        |
| 7 The Repentant Thief                | M.Burmagin                 |
| 8 Agnus Dei                          | G Bizet (1838-1875)        |

#### Interval

#### Part Two- Folk Songs

- |                               |                               |
|-------------------------------|-------------------------------|
| 1 I Come Out to the Path...   | (Word by Mikhail Lermontov)   |
| 2 The Twelve Brigands         |                               |
| 3 Song About Love             |                               |
| 4 Flowers Blossomed           | (lyrical Song)                |
| 5 The Lonely Coach Bell Rings |                               |
| 6 Old Bursh Song              | (Down Deep Within The Cellar) |
| 7 Those Were The Day          | (Original Russian Song)       |
| 8 La Spagnola                 | (di Chiara)                   |

*The concert program can sometimes change*

## Buy House/Contents Insurance and benefit your Church!

This is the last year when the Ecclesiastical Insurance Office (E.I.O) is offering £130 to the Church for each House/Contents Insurance policy purchased by a member of the congregation. This is to celebrate their 130th Anniversary and I and another church member have already taken out a policy, benefitting the Church by £260. We have both found the premiums quoted very reasonable, so if your house/contents policy is up for renewal, please try E.I.O. for a quote.

Their website is [www.ecclesiastical.com/Trust130](http://www.ecclesiastical.com/Trust130) and nominate Christ Church Watford to receive their donation of £130. You don't have to accept their quote but you do have to take out a policy to claim the £130. Give them a try – please!

Ray Andrews - Treasurer

**DATES IN NOVEMBER 2019**

2nd Sat 10.00am-12.00noon	<i>Coffee, Tea &amp; Cakes</i> in Christ Church - Including Book Swap
3rd Sun 8.00am	<i>Holy Communion</i> at Christ Church
3rd Sun 9.30am	<i>Service of the Word with Communion</i> at St Mark's
3rd Sun 10.30am	<i>Fairtrade Stall</i> after the service at St Mark's
3rd Sun 11.00am	<i>Service of the Word</i> at Christ Church
3rd Sun 3.00pm	<i>Memorial Service</i> at Christ Church
4th Mon 3.45-4.45pm	<i>Explorers</i> at St Mark's Church
5th Tue 9.30-11am	<i>Messy Tots</i> at St Mark's Church
6th Wed 10.00am	<i>Holy Communion (Book of Common Prayer)</i> at Christ Church
TBC 7th Thur 11.00am	<i>Morning worship</i> at Courtland Lodge. TBC
8th Fri 4.30-6.00pm	<i>Ignite Club</i> at St Mark's Church
9th Sat 9.30-11.00am	<i>Messy Breakfast</i> at St Mark's Church
10th Sun	Remembrance Sunday
10th Sun 9.30am	<i>Morning Prayer</i> at St Mark's
10th Sun 10.55am	<i>Remembrance Day Service with Communion</i> at Christ Church
11th Mon 3.45-4.45pm	<i>Explorers</i> at St Mark's Church
12th Tue 9.30-11.00am	<i>Messy Tots</i> at St Mark's Church
12th Tue 7.45 for 8.00pm	<i>Gather Round ...Ladies</i> in Christ Church hall
13th Wed 10.00am	<i>Holy Communion (Book of Common Prayer)</i> at Christ Church
14th Thur 7.30pm	<i>Churches Together in NW&amp;G AGM</i> @ Garston Community Church
15th Fri 4.30-6.00pm	<i>Ignite Club</i> at St Mark's Church
17th Sun 8.00am	<i>Holy Communion</i> at Christ Church, followed by breakfast
17th Sun 9.30am	<i>Parish Communion</i> at St Mark's
17th Sun 11.00am	<i>Morning Prayer</i> at Christ Church
17th Sun 12.00noon	<i>Fairtrade Stall</i> after the service at Christ Church
17th Sun 4.00-6.00pm	<i>Messy Church</i> at Christ Church
18th Mon 3.45-4.45pm	<i>Explorers</i> at St Mark's Church
18th Mon 7.30pm	<i>St Mark's Committee</i> at the vicarage
19th Tue 9.30-11am	<i>Messy Tots</i> at St Mark's Church
19th Tue 2.30pm	<i>Tuesday Circle</i> at St Mark's: Christmas Card Making Session
20th Wed 10.00am	<i>Holy Communion (Book of Common Prayer)</i> at Christ Church
22nd Fri 4.30-6.00pm	<i>Ignite Club</i> at St Mark's Church
23rd Sat 7.30am	<i>Men's Breakfast</i> at St Mark's
23rd Sat 9.30-11.00am	<i>Messy Breakfast</i> at St Mark's Church
23rd Sat 2.00-4.00pm	<i>Christmas Bazaar</i> at St Mark's
24th Sun 9.30am	<i>Morning Prayer with Bible Study</i> at St Mark's
24th Sun 11.00am	<i>Parish Communion and Sunday School</i> at Christ Church
25th Mon 3.45-4.45pm	<i>Explorers</i> at St Mark's Church
26th Tue 9.30-11am	<i>Messy Tots</i> at St Mark's Church
26th Tue 7.30pm	<i>PCC meeting</i> at Christ Church
27th Wed 10.00am	<i>Holy Communion (Book of Common Prayer)</i> at Christ Church
29th Fri 4.30-6.00pm	<i>Ignite Club</i> at St Mark's Church
29th Fri 7.45pm	<i>Russian Choir Concert</i> at Christ Church. Sacred music and Russian folk songs

# CHRIST CHURCH & ST MARK'S, WATFORD

## MISSION STATEMENT

WE ARE people who are drawn together by our Christian belief and our response to God.

WE BELIEVE that God reveals himself to us in many ways as Father, Son and Holy Spirit, and that people can live in a loving relationship with God and with each other in Christ.

WE AIM to follow Christ's teaching and example, living a full life in every community in which we are involved, sharing our faith with others through example, worship and service.

We are a Fairtrade parish.

We use only fairly traded tea and coffee at our church events.

Fairtrade stalls are held after the main morning services:

at St Mark's on the 1st Sunday in the month and

at Christ Church on the 3rd Sunday in the month.



### DIGITAL PARISH INFORMATION SHEET

The full colour version of the current Information Sheet may soon be available from our website: [www.christchurchandstmarkswatford.org.uk](http://www.christchurchandstmarkswatford.org.uk) or contact the office to receive a copy by email.

### THE NEXT EDITION

The next edition of the Information Sheet is scheduled to be published at the end of November, to cover all events in December 2019 and January 2020.

If you have any articles, dates or information for inclusion, please send them to Duncan and the Parish Office via email to [ccwatford@btinternet.com](mailto:ccwatford@btinternet.com) by 21st November.

[www.christchurchandstmarkswatford.org.uk](http://www.christchurchandstmarkswatford.org.uk)

**Parish Office** – St Mark's Church, Leggatts Way, Watford, Herts. WD24 5NQ

Phone 01923 681972 email: [ccwatford@btinternet.com](mailto:ccwatford@btinternet.com)

**Vicar:**

Rev Duncan Campbell

Email: [vicarccwatford@gmail.com](mailto:vicarccwatford@gmail.com)

Christ Church Vicarage, Leggatts Way WD24 5NQ

phone: 07806602093 or 01923 674142

**Church Warden:**

Mr Paul Pratchett

email: [paulpratchett@hotmail.com](mailto:paulpratchett@hotmail.com)

Mr David Miller

email [dmiller949@btinternet.com](mailto:dmiller949@btinternet.com) (251292)

**Children's and Young Families' Outreach Worker** (for our parish and St Andrew's)

Claire Locke

Email: [admin@liftoff.org.uk](mailto:admin@liftoff.org.uk)

Facebook page: [www.facebook.com/liftoffchildrensactivities](http://www.facebook.com/liftoffchildrensactivities)

**Lift Off! website**

[liftoff.org.uk](http://liftoff.org.uk)